	B_1, B_2, B_3	MIC w/ B-12	B_6 & B_{12}	# 4 A	# 4 B	# 5 w/ Carnitine	# 5 w/ Magnesium	# 5 A	# 5 B
Thiamine B_1	Thiamine B_1			Thiamine B_1	Thiamine B_1	Thiamine B_1	Thiamine B_1	Thiamine B_1	Thiamine B_1
Riboflavin B_2	Riboflavin B_2			Riboflavin B_2	Riboflavin B_2	Riboflavin B_2	Riboflavin B_2	Riboflavin B_2	Riboflavin B_2
Niacinamide B_3	Niacinamide B_3			Niacinamide B_3	Niacinamide B_3	Niacinamide B_3	Niacinamide B_3	Niacinamide B_3	Niacinamide B_3
Panthenol B_5				Panthenol B_5			Panthenol B_5		Panthenol B_5
Pyridoxine B_6			Pyridoxine B_6		Pyridoxine B_6	Pyridoxine B_6			Pyridoxine B_6
Pyridoxal B_6 Phosphate								Pyridoxal B_6 Phosphate	
Cyanocobalamin B_{12}		Cyanocobalamin B_{12}	Cyanocobalamin B_{12}					Cyanocobalamin B_{12}	
Hydroxocobalamin B_{12}									
Methionine		Methionine							
Inositol		Inositol							
Choline		Choline							
L-Carnitine						L-Carnitine			
Ascorbic Acid Vitamin C									
Magnesium							Magnesium		

	# 8	# 8 A	# 8 B	# 9	# 9 A/B				
Thiamine B_1	Thiamine B_1	Thiamine B_1	Thiamine B_1	Thiamine B_1	Thiamine B_1				
Riboflavin B_2	Riboflavin B_2	Riboflavin B_2	Riboflavin B_2	Riboflavin B_2	Riboflavin B_2				
Niacinamide B_3	Niacinamide B_3	Niacinamide B_3	Niacinamide B_3	Niacinamide B_3	Niacinamide B_3				
Panthenol B_5									
Pyridoxine B_6			Pyridoxine B_6		Pyridoxine B_6				
Pyridoxal B_6 Phosphate	Pyridoxal B_6 Phosphate	Pyridoxal B_6 Phosphate		Pyridoxal B_6 Phosphate					
Cyanocobalamin B_{12}	Cyanocobalamin B_{12}	Cyanocobalamin B_{12}		Cyanocobalamin B_{12}					
Hydroxocobalamin B_{12}			Hydroxocobalamin B_{12}		Hydroxocobalamin B_{12}				
Methionine	Methionine			Methionine	Methionine				
Inositol	Inositol	Inositol	Inositol	Inositol	Inositol				
Choline	Choline	Choline	Choline	Choline	Choline				
L-Carnitine			L-Carnitine		L-Carnitine				
Ascorbic Acid Vitamin C		Ascorbic Acid Vitamin C		Ascorbic Acid Vitamin C					
Magnesium									